

ESSENTIAL OILS &
SAFETY FOR
PETS



ESSENTIAL
OIL VET

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INTRODUCING OILS TO YOUR PET



I am so glad you are taking steps to ensure you use essential oils safely with your pets. This document will provide a solid introduction to help you get started.

Here are a few tips to help you as you introduce essential oils to your pet:

- When introducing essential oils to your pet, always start SLOWLY.
- SELF SELECTION: allow your pet to choose which oil they like.
- Introduce the oil initially with the CAP ON - pets have keen noses and a little goes a long way.
- Positive results may be subtle: be observant but let them tell you “yes” or “no” with their behavior.
- Always observe your pet’s behavior for the first 20 minutes or so when diffusing a new oil.
- Start out with your oils MORE diluted when introducing Essential Oils topically to your pet.
- You can use carrier oils such as Fractionated Coconut Oil, Extra Virgin Olive Oil, Almond Oil, etc.
- You can always increase the concentration if the desired effect is not reached, but it is difficult to remove an Essential Oil once it has already been absorbed.
- Remember, each animal is an individual and your pet may be more or less sensitive than others.
- Observe their behavior - they will tell you!

Keep reading for more specific recommendations and tips. I love that you will soon be able to start using essential oils safely and confidently in your home and with your pet!

JANET ROARK, DVM

ESSENTIAL OIL VET

A top banner image showing various essential oils in glass bottles and fresh green herbs like basil and mint on a wooden surface.

HOW TO USE ESSENTIAL OILS

AROMATICALLY

- Diffusion
- Spray into the air (usually diluted)
- Direct inhalation: Put a drop of oil on your hands and allow the animal to inhale
- On a cloth, cotton ball, or tissue – near the animal, or on bedding
- Hot Water/ Steam: 1-2 drops of essential oil in hot water
- Humidifier: be sure to use one that is safe to apply Essential Oils into
- Fan/ air filter: place a drop of oil on a cotton ball and insert into a fan near the animal or directly on the air filter in your home

TOPICALLY

- Direct application by petting along their back: place a drop of oil on your hands and rub them together, then pet along the spine of the animal or even pet the hair backwards
- Massage: circular motions or massage techniques after applying an oil to your hands
- Reflexology points: Between the paw pads on the back paws – do not use this method if your pet does not enjoy having their feet touched
- Water Misting – Dilute the essential oil, shake well, and spritz lightly, being careful to avoid the eyes and other sensitive areas
- Ear Tipping – apply to the tips of your pet's ears
- Apply directly to the area of interest in a diluted ointment or liquid (see page 15)
- Mix a drop in their shampoo and/ or conditioner to apply during a bath
- Cold or hot compresses: apply 1 drop of essential oil in 2 cups of ice water for a cold compress or 2 cups of hot water for a hot compress, and soak a natural cloth in the water, wring out the cloth, then apply to the area of interest
- Indirect topical application: in a litter box, on a rug, spritzing their bedding, or applying in an area where your pet frequently may contact, resulting in indirect topical application of the oil

INTERNALLY

- Oils that indicate they are for internal use on the label may be given internally. It is generally not recommended that you give more than 1-2 drops internally at any one time.
- In a capsule (1-2 drops, topped off with a carrier oil)
- Mixed with food (wet food works best for this and helps to dilute the oil, or you can dilute in a carrier oil first then mix with food)
- Place a drop on your finger and wait until mostly dry, rub the residue on your pet's gums
- 1 drop essential oil per 2 cups of drinking water (not recommended for cats)
- For cats, topical application will result in internal application of the oil, due to normal grooming practices of cats, so it is not recommended to use these other methods in general with cats, but to stick with aromatic or topical use



DIFFUSING OILS SAFELY AROUND ANIMALS

1. When using essential oils, only use tested as pure essential oils, which means... not from Amazon, your local grocery store, or companies you don't know or trust or won't / can't show you the test results. Many essential oils are adulterated with chemicals that are very toxic for pets to breathe in. I use and recommend doTERRA products, but there are other safe brands out there. Please contact me if you'd like to know if your brand is one of the safe ones to use or not.

2. When diffusing, only use 3-4 drops of oil in a water based diffuser on an intermittent setting. No more than 4-6 drops total if you are using a diffuser recipe. The Petal, Lumo, or Brevi diffusers all have this intermittent setting.

3. Be sure your diffuser is in an area where your pet cannot knock it over.

4. Be sure to diffuse in an open area with the door open so your pet can leave the room if desired.

5. Yes, Melaleuca (tea tree) oil can be harmful to pets if you use too much of it. For a detailed discussion of Tea Tree oil and pets, visit essentialoilvet.com/frequently-asked-questions/.

6. If your pet is sensitive to an oil you are diffusing, stop the diffuser and get your pet some fresh air. Contact your veterinarian if you are concerned.

It is good to be careful using oils around animals, but let's not get overly paranoid about it. Follow some common sense guidelines and rest assured you are helping them, not hurting them!

TOP 10 ESSENTIAL OILS FOR ANIMALS

1. Frankincense

Supports healthy cellular function, rejuvenates skin, relaxation, balances mood, soothing

2. Lavender

Calming and relaxing qualities, soothes occasional skin irritations, eases feelings of tension, promotes restful sleep, reduces anxious feelings

3. Helichrysum

Promotes a healthy metabolism, promotes vitality and energy, soothing to skin

4. Digestive Blend

Great for road trips, promotes healthy digestion, soothes occasional stomach discomfort, promotes a healthy gastrointestinal tract, eases feelings of queasiness, helps reduce bloating, gas, and occasional indigestion

5. Protective Blend

An effective alternative to synthetic options for immune support, supports the body's natural antioxidant defenses, protects against seasonal and environmental threats, supports healthy respiratory function

6. Grounding Blend

Promotes a whole-body sense of relaxation, evokes feelings of tranquility and balance, promotes restful sleep, eases anxious feelings, use on car rides to create a calm environment

7. Myrrh

Powerful cleansing properties, especially for the mouth and throat, soothing to the skin, promotes awareness and emotional balance and well being, use when tension levels are high, maintains peaceful feelings

8. Roman Chamomile

Has a calming effect on the skin, mind, and body, soothes the systems of the body, supports healthy immune system function, add to shampoo/ condition for a skin soothing bath, soothes the body and mind, blends well with lavender or the grounding blend, apply over heart for feelings of well-being, soothes anger and irritability, promotes peaceful rest

9. Copaiba

Supports Liver, Urinary Tract, Respiratory Tract, Nervous system, Skin, Cardiovascular system, is calming to the body and mind, soothing to the skin, very versatile oil

10. Massage Blend

Comforting and relaxing effects, lessens tension when applied topically by massage, soothing



To order oils please visit
essentialoilvet.com/getoils



USING OILS SAFELY WITH DOGS

I use oils everyday with my dogs. They respond very well to both the physical and 'emotional' (behavioral) benefits of using essential oils. Here are a few tips and ideas for you and your 'best friend':

Topically:

- Use proper dilution for the size of your dog (see the dilution guide on page 15).
- Do not use oils at the same time as any topical medications (see page 14 for more do's and don'ts).
- Let your dog smell the unopened bottle and observe their behavior. Use the oil if your dog gives you a positive response.
- Avoid using oil on the nose, in the ears, in the eyes or around the genitals or anus of your dog.

Aromatically:

- Diffuse oils in a water based diffuser and make sure your dog has a way to leave the room.
- Observe your dog's behavior and get them fresh air if needed (for more diffusing tips see page 4).

Internally:

- Use caution when giving oils internally. Make sure the oil is appropriate for internal use.
- Consider adding 1-2 drops to wet dog food or drinking water.
- Do not give ANY product containing xylitol, including toothpaste or essential oil beadlets.

Be sure to read through the Do's and Don't on page 14 for more Essential Oil Safety tips!

Oils to avoid topically and internally with dogs:

Birch, Melaleuca (Tea Tree), and Wintergreen. Use caution with hot oils such as Oregano, Cassia, Cinnamon, Clove, Rosemary, and Thyme.

Oils to use caution with when diffusing around dogs:

Melaleuca (Tea Tree), Cassia, Cinnamon, Oregano, and Thyme.

USING OILS SAFELY WITH CATS



You will hear many things from many people about cats and oils. Here's my take: Cats lack an enzyme called glucuronyl transferase. This is important for the Cytochrome p450 liver metabolism pathway. This makes cats very susceptible to ALL kinds of toxicity, including plant, NSAIDS (like aspirin or ibuprofen), Tylenol, chocolate and caffeine (methylxanthines), lead, zinc, many types of pesticides, and many other things.

So which oils do you stay away from? Most highly tested, therapeutic oils (not the ones from any grocery store - the ones that are tested by batch) are so pure that you can use them topically on cats sporadically in a highly diluted form (as if for infants - 0.25% to 1% maximum dilution). It's not a good idea to use them topically or internally on your cat every single day (with some exceptions.)

*The oils to stay away from and use something different if you can are the oils that are high in phenols and eugenols as far as direct application (topical or internal) to your cat as well as oils high in d-limonene (citrus oils).

As far as diffusion - I diffuse everything! I just make sure not to diffuse anything in my kitty's room (where her food is) and make sure she's not "locked" in the room with the diffuser - she will go away if it's one she doesn't like or need. Most of the time, she just sleeps by the diffuser, though! See page 4 for more diffusing tips.

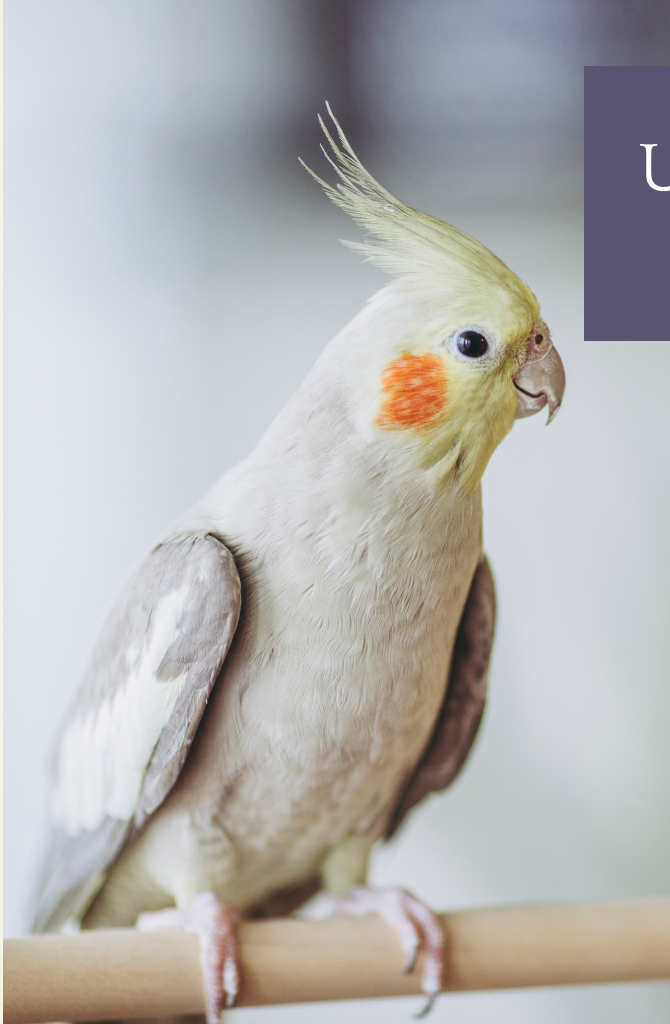
The main thing is, don't give oils to cats topically or internally *every* day (with some exceptions). Dilute them, only use highly therapeutic grade, tested essential oils, and when in doubt, feel free to ask.

Oils to avoid topically and internally with cats:

Citrus Oils (Bergamot, Grapefruit, Lemon, Lime, Orange, Tangerine), Birch, Melaleuca (Tea Tree), Peppermint, Spearmint, and Wintergreen.

Oils to use caution with when diffusing around cats:

Melaleuca (Tea Tree), Cassia, Cinnamon, Oregano, Thyme, Peppermint, Spearmint, Birch, and Wintergreen.



USING OILS SAFELY WITH BIRDS

Birds are extremely sensitive to essential oils, so I recommend only using a water diffuser if it is in the same room as the birds rather than one that pulls oils directly from the bottle. They can benefit from the oils just like we can! Here are some tips for using essential oils with birds:

- Diffusion may be the best way to use oils with birds - stick with 2-3 drops in a water based diffuser and monitor the bird for the first 5-10 minutes of diffusing.
- Diffuse in an open room or well ventilated area.
- Do not place the diffuser directly next to the bird enclosure for small habitats, and allow the bird access to leave the area if possible.
- Use caution when diffusing "hot" oils.
- Topical use of oils - Water misting is preferred - 10-20 drops total in 4 oz of water (Shake very well before each use).
- Internal use of oils - Adding oils to water or feed is very common and highly effective, particularly with chickens and turkeys. For water, 1 drop per liter of water is all that is needed. For feed, 1 drop per 5 lbs of feed is usually sufficient.

Overall, avoiding the hot oils may be prudent, but I tell bird owners what I tell all my pet owners: I think it's really interesting that so many people will put a commercial, chemical filled air freshener in every room in their house without thinking twice about it, but are worried about harming them with essential oils! I do love that people are cautious (as they should be) with their pets. In general, each individual animal has preferences and dislikes, and sensitivities, just like different people do. So I always tell people to just observe your pet's behavior - if it is behaving normally, all is well - if it is behaving abnormally, that may be an oil that they are sensitive to. They are very good at telling you! (Especially birds!)

Oils used commonly with Birds:

Citrus Oils (Lemon, Orange, Bergamot, etc.)

Calming oils (Lavender, Roman Chamomile, Copaiba)

Frankincense

Helichrysum

USING OILS SAFELY WITH RABBITS (AND MORE)



Rabbits (and chinchillas, sugar-gliders and many other small mammals) are hind-gut fermenters. This means that the bacteria in their gut is very important for proper digestion of the forage they eat. It also means they are very susceptible to digestive issues if that delicate bacterial balance in their gut is upset with things like antibiotics (which kill the good bacteria as well as the bad) and other things that may harm the good bacteria in their guts. Strong oils that may do this with rabbits include Cinnamon, Oregano, Clove, Melaleuca, and others. So caution should be used when using those oils around bunnies, and if you must use these oils in your home with one of these hind-gut fermenting animals, be sure they are on a probiotic.

They love citrus oils, and some of the more soothing oils like Lavender, Roman Chamomile, Helichrysum, and Frankincense are all safe to use highly diluted. Water diffusing around rabbits is safe, just be sure to only use 3-4 drops of essential oil total in your diffuser and leave the room door open or diffuse in a well-ventilated area.

If you need to give essential oils in their water, just one drop per liter of water is the recommended dilution for most of the oils. They may also be utilized topically highly diluted when indicated, and as always, observe their behavior. If they are acting normally, all is well! If not, it may be an oil they are sensitive to.

USING OILS SAFELY WITH REPTILES AND AMPHIBIANS



REPTILES

Reptiles do well with essential oil usage, but caution should be utilized with smaller reptiles. Tortoises, geckos, snakes, bearded dragons, and many other reptiles can benefit greatly from using essential oils - from water misting, water soaks, to ointments and oral flushes, these are amazing tools for these wonderful creatures. Proper dilution (1 drop essential oil per 30 mL of carrier) is imperative.

Diffusion is highly effective for these animals, 2-4 drops in a water-based diffuser in a well ventilated area is preferred.

Essential Oils commonly used with reptiles: Tea Tree, Copaiba, Oregano, Frankincense, Rosemary, Citrus oils, Lavender, Roman Chamomile, Helichrysum, and many others.

Use caution with Pine oils topically.

AMPHIBIANS

Amphibians like frogs, salamanders and newts are particularly sensitive to essential oils and caution should be utilized with them. Water diffusion is preferred with only 1-4 drops of essential oil being diffused in a well ventilated area on an intermittent setting. Water misting with 1 toothpick drop of essential oil per liter of water may be acceptable as well.

Essential oils commonly used with amphibians: Copaiba, Tea Tree, Frankincense, Helichrysum, Lavender, Roman Chamomile and Citrus oils.

Use caution with hot oils such as Clove or Oregano.



A quick note on Fish

Clove sedates fish, so use caution with it around your aquariums. However, essential oils can be helpful for fish as well. Oils that can be used safely around fish: Copaiba, Frankincense, Citrus oils, Tea Tree, Peppermint, Lavender, Roman Chamomile, and many others.



USING OILS SAFELY WITH HORSES, CATTLE, AND GOATS

Utilizing essential oils around your farm is not only safe, it's often preferred by the animals! Topical application is most common, and essential oils can be used with your goats, cattle, horses and other animals around the farm for many things from reducing stress to repelling insects, supporting the immune system, or soothing sore muscles. Our herbivore animals truly benefit from using essential oils with them on a regular basis.

- Only use Therapeutic Grade Essential Oils.
- Know your animal's health status and the medications and supplements they are currently taking.
- Do NOT use oils on or near eyes, ear canal, nose, or genitals of your animal.
- Use caution with topical application of "hot" oils such as Oregano, Thyme, Clove, Cassia, and Cinnamon - dilution may be needed for these oils.
- Do NOT use water to dilute an essential oil that you've already applied. Rather, dilute with a carrier oil, like vegetable oil or fractionated coconut oil.
- Do not apply oils after bathing while your animal is still wet.
- Do NOT apply oils to the saddle area prior to riding.
- Caution should be used around animals that are pregnant, nursing, young, or on certain medications.
- Observe your animal's behavior when using or applying essential oils.
- In the event of an adverse reaction, dilute with a carrier oil - skin irritation is the most common, and most reactions resolve within 24-48 hours after oil exposure.

MYTH BUSTING: THE TRUTH ABOUT ESSENTIAL OILS AND PETS

Real Talk. There is some pretty scary (and controversial) stuff about essential oils and pets on the internet these days. In the age of viral posts and everyone getting their 5 minutes of fame, Dr. Google isn't actually the best source to get your information from this time. In fact, whether your dog gets stressed out during thunderstorms, or your cat could benefit from some digestive support, using essential oils as part of a well-rounded health program can actually help your pets thrive and live the best possible life.

[Note: Before using any product with or around your pet, it is important to note that not all EOs are created equal. Many EOs on the market may boast "100% pure" on the label, but they could contain substances that are actually quite toxic to animals and should be avoided. This is also true with many candles, wax melts, air fresheners, cleaning solutions and fabric refreshers. To ensure the highest quality products, be sure your EOs are third-party tested and Certified Pure Therapeutic Grade.]

Let's demystify once and for all some of the myths, and learn the TRUTH about essential oils and pets.



MYTH #1: Diffusing around pets is toxic

TRUTH: An essential oil is a highly concentrated, aromatic compound distilled from a plant. Because of this, EOs are quite potent. Pets have millions more olfactory receptors than humans do, which does make them sensitive to strong smells, but they are certainly not toxic. However, the truth is, diffusing around pets is an excellent way to improve their health on a regular basis. It is best to use a water-based diffuser (such as the Lumo Diffuser) on an intermittent setting. Allow the pet the option to leave the room by leaving the door open and only use 3-4 drops of EO at a time in the diffuser. Diffusing Lavender has been shown in shelter situations to provide calming effects for pets.

MYTH #2: Never pet your dog or cat after using essential oils

TRUTH: Petting is actually an excellent way to apply oils topically to pets. Along the spine or on the ear tips are the most common applications. Here's the issue behind this myth: after using essential oils like Peppermint, Deep Blue, or others the oil smell can linger on your hands. I'm sure I'm not the only one that has rubbed my eyes after applying Peppermint - Ouch!

MYTH #3: Using essential oils around pets can cause liver or kidney damage

TRUTH: When using therapeutic grade essential oils, we have seen certain oils that can be used to actually SUPPORT the kidneys or liver. Many of these accusations come from the fact that liver failure and kidney failure is common in pets - regardless of essential oil use. Many times people want a reason for why these things happen, and often essential oils get implicated falsely.

It's always a good idea to seek veterinary care and use serial bloodwork with the use of essential oils to monitor prior health conditions when using essential oils as a tool in your home.

MYTH #4: [Insert Oil Here] Oil is harmful to cats

TRUTH: I have heard it all - Citrus oils are toxic to cats. Pine oils are toxic to cats. Even Lavender oil is toxic to cats. You name it. The truth is, there is just no sound science or basis for these claims. Ultimately, you will hear many things from many people about cats and oils. Here's my take: cats lack a liver enzyme that is important for metabolizing certain things, so it really isn't a bad idea to use a bit more caution with these little ones. If you use the precautions already recommended, these oils are perfectly safe to use in your DIY cleaning or diffused in your home with cats. Use a little extra caution with Melaleuca, Birch, Wintergreen, Spearmint, and Peppermint, as well as hot oils such as Oregano or Thyme.



MYTH #5: If my pet gets too much essential oil they will die

TRUTH: This is extremely rare, and most adverse reactions (not usually death, mind you) usually are due to a significant amount of essential oil (2 bottles undiluted, for example) being used or consumed. However, anyone who has rushed their dog to the vet after they ate an entire chocolate cake when no one was looking knows that accidents can happen. In the event of an adverse reaction, dilute with a carrier oil - skin irritation is the most common, and most reactions resolve within 24-48 hours after oil exposure. Discontinue use of an oil if your pet shows signs of distress, drooling, squinting, rubbing their face, vocalization, shaking, vomiting, or diarrhea. Seek veterinary attention if significant. Keep the lids on your bottles and store them in a safe place such as a closed box to prevent your pets from "borrowing" one of your oils.

EOs have emotional as well as physical benefits for your pets. They can help with calming, soothing, supporting, immune boosting, uplifting, focus, and overall health and wellness of your 4-legged family members. As with any new thing you introduce to your pet, begin slowly. Start with a small amount of a diffused or diluted EO and observe your pet's behavior. Keep your diffusers in a safe place where your pet cannot knock it over.

DO'S, DON'TS, AND OTHER SAFETY TIPS



DO

- Use only therapeutic or medical grade essential oils
- Dilute essential oils prior to application topically (See dilution guide on page 15)
- Research your pet's health status and medications they are taking currently
- Observe your pet's behavior when using or diffusing essential oils
- Use caution with pregnant, nursing, or young animals. Avoid: Arborvitae, Basil, Birch, Cassia, Cinnamon, Rosemary, Thyme, Wintergreen.
- Use a water diffuser rather than one that pulls oils directly from the bottle (See page 4 for more diffusing tips)
- In the event of an adverse reaction, dilute with a carrier oil – skin irritation is the most common
- Contact your veterinarian if your pet exhibits abnormal behaviors or has an illness

DON'T

- Use oils on the nose, in the ears, in the eyes or around the genitals or anus of an animal
- Use water to remove an essential oil, rather dilute with a vegetable oil like Fractionated Coconut Oil
- Apply large amounts of essential oil at one time
- Use essential oils at the same time as another topical medication, including dermal patches (this includes topical flea/tick preventatives)
- Give your pet ANY product containing xylitol, including toothpaste or essential oil beadlets
- Panic if your pet has skin irritation or an adverse reaction. Most of these resolve with dilution and fresh air within 24 hours.

Oils to avoid if your pet is epileptic or has seizures:

Rosemary, Fennel, Sage, Camphor, Eucalyptus, Basil, Wintergreen, and the blends that contain these oils.

Oils to avoid if your pet has a clotting or bleeding disorder or are taking an anticoagulant:

Wintergreen, Blue Tansy, Birch, Cassia, Cinnamon, Clove, Fennel, Marjoram, Oregano, Patchouli, and Thyme.

Oils to avoid if your pet is on an anti-diabetic drug without careful blood glucose monitoring:

Cassia, Cinnamon, Dill, Fennel, Lemongrass, Marjoram, Melissa, Myrrh, and Oregano.

Photosensitizing oils may cause burning in pink skinned animals if used topically within 24 hours of UV exposure:


Bergamot, Cumin, Grapefruit, Lemon, Lime, Kumquat, Tangerine, Orange

DILUTION GUIDE FOR TOPICAL USE



The chart below represents approximate dilution percentage by number of drops of essential oil per 5, 10, 15 or 30 mL of carrier oil (such as fractionated coconut oil, extra virgin olive oil, almond oil, etc.). Start out with your oils MORE diluted when introducing essential oils topically to your pet. You can always increase the concentration if the desired effect is not reached, but it is difficult to remove an essential oil once it has already been absorbed. Remember, each animal is an individual and your pet may be more or less sensitive than others. Observe their behavior - they will tell you!

- ◆ Cats: 0.5% - 2%
- ◆ Rabbits and other small Rodents and Reptiles: 0.5% - 1%
- ◆ Dogs: 0.5% for hot oils and for dogs under 20 lbs/ 9 kg, use up to 3% for gentle oils with larger dogs
- ◆ Goats or Sheep: 2% - 10% for hot oils - gentle oils may be used undiluted
- ◆ Horses: 5%-10% for hot oils with sensitive-skinned horses, otherwise undiluted

|  ESSENTIAL OIL VET | 5 mL 1 tsp | 10 mL 2 tsp 1/3 oz | 15 mL 1 TBSP 1/2 oz | 30 mL 2 TBSP 1 oz |
|---|---------------|-------------------------|--------------------------|------------------------|
| 0.5% | | 1 drop | 2 drops | 3 drops |
| 1% | 1 drop | 2 drops | 3 drops | 6 drops |
| 2% | 2 drops | 4 drops | 6 drops | 12 drops |
| 3% | 3 drops | 6 drops | 9 drops | 18 drops |
| 4% | 4 drops | 8 drops | 12 drops | 24 drops |
| 5% | 5 drops | 10 drops | 15 drops | 30 drops |
| 10% | 10 drops | 20 drops | 30 drops | 60 drops |




MORE FROM DR. ROARK


With over 17 years of experience in veterinary medicine, Dr. Janet Roark has dedicated her life to helping people and their animals.

She first became interested in essential oils for her personal health and soon recognized the revolutionary benefits of using oils with animals. Her first case was nothing short of miraculous, inspiring her to take this incredible resource beyond her local veterinary practice.


Though she is recognized worldwide as the Essential Oil Vet, she is here to serve. As one of her clients shared, "*Dr. Janet is amazing, compassionate, knowledgeable, caring and such a great problem solver when it comes to naturally taking care of animals.*"

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JOIN THE ESSENTIAL OIL VET MEMBERSHIP:

The Essential Oil Vet Membership gives you access to an online Membership Portal and a private Facebook group where you can learn directly from Dr. Roark. Sign up or learn more at:

<https://essentialoilvet.com/members>

- Exclusive Member-Only Webinars
- Weekly Q & A: Get your questions answered - LIVE videos weekly
- Individual Protocols and Whole Animal Health Guidance
- Recipes and Diffuser Blends: What to use When
- Safety Information, Research, and so much more!

BECOME AN ANIMAL AROMATHERAPY SPECIALIST

If you have a heart for helping people use essential oils with their animals, consider this 6-week online course to become a Certified Animal Aromatherapy Specialist. Learn more at: <https://essentialoilvet.com/animalaromatherapy>

